



## Obsessive Compulsive Inventory - Revised (OCI-R)

Patient Name \_\_\_\_\_ DOB \_\_\_\_\_ Female \_\_\_\_\_

Provider Name \_\_\_\_\_ Date \_\_\_\_\_ Male \_\_\_\_\_ Other \_\_\_\_\_

The OCI-R is a self-rating scale that is designed to assess the severity and type of symptoms of those potentially dealing with OCD.

The following statements refer to experiences that many people have in their everyday lives. Select the answer that best describes how much that experience has distressed or bothered you during the past month.

	Not at all	A little	Moderately	A lot	Extremely	TOTAL
1. I have saved up so many things that they get in the way.						
2. I check things more often than necessary.						
3. I get upset if objects are not arranged properly.						
4. I feel compelled to count while I am doing things.						
5. I find it difficult to touch an object when I know it has been touched by strangers or certain people.						
6. I find it difficult to control my own thoughts.						
7. I collect things I don't need.						
8. I repeatedly check doors, windows, drawers, etc.						
9. I get upset if others change the way I have arranged things.						
10. I feel I have to repeat certain numbers.						
11. I sometimes have to wash or clean myself simply because I feel contaminated.						
12. I am upset by unpleasant thoughts that come into my mind against my will.						
13. I avoid throwing things away because I am afraid, I might need them later.						
14. I repeatedly check gas and water taps and light switches after turning them off.						
15. I need things to be arranged in a particular way.						
16. I feel that there are good and bad numbers.						
17. I wash my hands more often and longer than necessary.						
18. I frequently get nasty thoughts and have difficulty in getting rid of them.						



## TOTAL SCORE:

### Scoring:

Scores on the OCI-R are generated by adding each of the item scores. The possible range of scores is from 0-72. The mean score for persons with OCD is 28.0 (with a standard deviation of 13.53). The recommended cut-off score is 21, with scores at or above this level indicating the likely presence of OCD.

Score	PTSD Severity
0 - 20	Below clinical threshold
21 - 72	Above clinical threshold

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Foa, E.B., Huppert, J.D., Leiberg, S., Hajcak, G., Langner, R., et al. (2002). The Obsessive Compulsive Inventory: Development and validation of a short version. *Psychological Assessment*, 14, 485-496.

Sources: EB Foa, Huppert JD, S Leiberg, G Hajcak, R Langner, et al. The Obsessive Compulsive Inventory: Development and validation of a short version. *Psych Assmt* (2002) 14, 485-496.



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