

PARANOIA WORRIES QUESTIONNAIRE (PWQ)

Patient Name _____ DOB _____ Female _____
 Provider Name _____ Date _____ Male _____ Other _____

		Non of the Time	Rarely	Some of the Time	Often	All of the Time	TOTAL
1	I've been worrying about someone trying to harm me	0	1	2	3	4	
2	Anything and everything has set my mind thinking about people trying to upset me	0	1	2	3	4	
3	It has been hard to clear my head of suspicions	0	1	2	3	4	
4	Worries about someone trying to harm me have been really hard to control	0	1	2	3	4	
5	Worries about someone trying to harm me have been really hard to control	0	1	2	3	4	
Reference							
1	I spent time thinking about friends gossiping about me	0	1	2	3	4	
2	I often heard people referring to me	0	1	2	3	4	
3	I have been upset by friends and colleagues judging me critically	0	1	2	3	4	
4	People definitely laughed at me behind my back	0	1	2	3	4	
5	I have been thinking a lot about people avoiding me	0	1	2	3	4	
6	People have been dropping hints for me	0	1	2	3	4	
7	I believed that certain people were not what they seemed	0	1	2	3	4	
8	People talking about me behind my back upset me	0	1	2	3	4	
Persecution							
1	Certain individuals have had it in for me	0	1	2	3	4	
2	People wanted me to feel threatened, so they stared at me	0	1	2	3	4	
3	I was certain people did things in order to annoy me	0	1	2	3	4	
4	I was convinced there was a conspiracy against me	0	1	2	3	4	
5	I was sure someone wanted to hurt me	0	1	2	3	4	
6	I couldn't stop thinking about people wanting to confuse me	0	1	2	3	4	
7	I was distressed by being persecuted	0	1	2	3	4	
8	It was difficult to stop thinking about people wanting to make me feel bad	0	1	2	3	4	
9	People have been hostile towards me on purpose	0	1	2	3	4	
10	I was angry that someone wanted to hurt me	0	1	2	3	4	
						TOTAL	

Scoring

A total worry score is obtained by adding together all 10 items. A score of 5 or above is indicative of severe levels of worry about people trying to cause harm.



MIRACLE Counseling

NOTES: