

PARANOIA WORRIES QUESTIONNAIRE (PWQ)

Patient Name DOB Female

Provider Name Date Male Other

		Non of	Rarely	Some	Often	All of	TOTAL
		the	ruicij	of the		the	1011111
		Time		Time		Time	
1	I've been worrying about someone trying to harm me	0	1	2	3	4	
2	Anything and everything has set my mind thinking about	0	1	2	3	4	
	people trying to upset me						
3	It has been hard to clear my head of suspicions	0	1	2	3	4	
4	Worries about someone trying to harm me have been really hard to control	0	1	2	3	4	
5	Worries about someone trying to harm me have been really	0	1	2	3	4	
	hard to control						
	Reference						
1	I spent time thinking about friends gossiping about me	0	1	2	3	4	
2	I often heard people referring to me	0	1	2	3	4	
3	I have been upset by friends and colleagues judging me	0	1	2	3	4	
	critically						
4	People definitely laughed at me behind my back	0	1	2	3	4	
5	I have been thinking a lot about people avoiding me	0	1	2	3	4	
6	People have been dropping hints for me	0	1	2	3	4	
7	I believed that certain people were not what they seemed	0	1	2	3	4	
8	People talking about me behind my back upset me	0	1	2	3	4	
	Persecution						
1	Certain individuals have had it in for me	0	1	2	3	4	
2	People wanted me to feel threatened, so they stared at me	0	1	2	3	4	
3	I was certain people did things in order to annoy me	0	1	2	3	4	
4	I was convinced there was a conspiracy against me	0	1	2	3	4	
5	I was sure someone wanted to hurt me	0	1	2	3	4	
6	I couldn't stop thinking about people wanting to confuse me	0	1	2	3	4	
7	I was distressed by being persecuted	0	1	2	3	4	
8	It was difficult to stop thinking about people wanting to	0	1	2	3	4	
	make me feel bad						
9	People have been hostile towards me on purpose	0	1	2	3	4	
10	I was angry that someone wanted to hurt me	0	1	2	3	4	
TOTAL							

Scoring

A total worry score is obtained by adding together all 10 items. A score of 5 or above is indicative of severe levels of worry about people trying to cause harm.

Freeman D, Bird JC, Loe BS, Kingdon D, Startup H, Clark DM, Ehlers A, Černis E, Wingham G, Evans N, Lister R, Pugh K, Cordwell J, Dunn G. (2020). The Dunn Worry Questionnaire and the Paranoia Worries Questionnaire: new assessments of worry. Psychological Medicine, 50(5), 771-780. https://doi.org/10.1017/S0033291719000588 https://www.cambridge.org/core/journals/psychological-medicine/article/revised-green-et-al-paranoid-thoughts-scale-rgpts-psychometric-properties-severity-ranges-and-clinical-cutoffs/1386D29D50A94FD3F2F17A56B3C5D368



NOTES: