



INFORMED CONSENT

PROVIDERS	
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The Counseling Process

Counseling is summarized by guided methods of resolving issues with the assistance of a licensed professional. It is essential to establish a positive, professional, client-therapist relationship so that desired change can become the new lifestyle. Various therapy methods are used to promote long-term solutions unless there is an immediate need that should be discussed first. Typically, an initial biopsychosocial assessment is completed in the first session, followed by a treatment plan and mental health evaluations. Depending on the needs of the individual, the client could attend weekly, bi-weekly, or monthly appointments; there will be regular reevaluations of the efficiency of the treatment plan. Sessions usually last 30-60 minutes. Written reports may be provided if needed. Charges may apply. Clients have access to their charts and the objectives of their treatment.

Length of Service

A treatment plan will be determined after the client’s initial assessment components. In the event that the client does not have insurance, the determined treatment plan will remain unchanged until a reevaluation takes place. Comparatively, clients with insurance may experience their HMOs to determine the length of service. In addition, the allotted span of service may not reflect the treatment plan. In that case, the client and therapist will seek the best possible plan for the client and plan according to HMOs coverage and make accommodations for self-pay. Referrals can also be provided. The therapist reserves the right to refer the client to a colleague or other mental health professional for further treatment or resources.

*****If the client has 3 missed appointments, there will be a 3-month hold on their appointments*****

Another reason for the interruption of services would be the client’s inability to maintain scheduled appointments. There are competitive slots of time in which other clients also need aid in their day-to-day lives and require scheduled and timely assistance. If unable to attend, contact Miracle within 24 hours or become responsible for covering the session fee. In the event the therapist cannot keep an appointment, the receptionist will contact the client to reschedule.

Parameters

If a grievance should arise, the client is responsible for completing the Grievance Form (available at the front desk) in its entirety. Miracle will review the material and work on a resolution with the parties involved. An Authorization for Release of Information is required prior to information leaving the office and discussing confidentiality information with someone out of the therapeutic context. This consent relies on the confidential manner in which my case is discussed, and I understand it is solely dependent on providing me quality service. The client's services are based on the agreed treatment plan and Miracle Counseling and Life Coaching LLC’s resources. If the therapist or client cannot meet the treatment plan’s goals effectively, the therapist will refer the client to other resources. We work endlessly to provide a safe place for all beliefs, cultures, and races. Please note that Miracle Counseling and Life Coaching is LLC only open by appointment.

In case of an emergency, please call 911, contact the Suicide Prevention Lifeline at 1-800-273-TALK (8255), or go to the hospital most convenient near you. Otherwise, please make an appointment to directly discuss therapeutic matters with the therapist.

Medication Disclosure

Patients must maintain their scheduled therapy appointments in order to be eligible for consultations with the prescriber. Failure to keep up with therapy appointments may result in restrictions on access to the prescriber's services. This policy is in place to ensure that your mental health treatment remains holistic and effective.

