



Quantitative Checklist for Autism in Toddlers (Q-CHAT)

Patient Name _____ DOB _____ Female _____
Provider Name _____ Date _____ Male _____ Other _____

The Q-CHAT is a normally distributed quantitative measure of autistic traits in children 18-24 months old. It is the first ASC screening instrument, designed for use with toddlers, that has been shown to produce a range of scores that approximates to a normal distribution.

Please answer the following questions about your child:

1. Does your child look at you when you call his/her name?

- Always
- Usually
- Sometimes
- Rarely
- Never

2. How easy is it for you to get eye contact with your child?

- Very easy
- Quite easy
- Quite difficult
- Very difficult
- Impossible

3. When your child is playing alone, does s/he line objects up?

- Always
- Usually
- Sometimes
- Rarely
- Never

4. Can other people easily understand your child's speech?

- Always
- Usually
- Sometimes
- Rarely
- Never
- My child does not speak

5. Does your child point to indicate that s/he wants something (e.g. a toy that is out of reach)?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

6. Does your child point to share interest with you (e.g. pointing at an interesting sight)?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

7. How long can your child's interest be maintained by a spinning object (e.g. washing machine, electric fan, toy car wheels)?

- Several hours
- Half an hour
- Ten minutes
- A couple of minutes
- Less than a minute

8. How many words can your child say?

- None – s/he has not started speaking yet
- Less than 10 words
- 10 – 50 words
- 51 – 100 words
- Over 100 words

9. Does your child pretend (egg care for dolls, talk on a toy phone)?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

10. Does your child follow where you're looking?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

11. How often does your child sniff or lick unusual objects?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

12. Does your child place your hand on an object when s/he wants you to use it (e.g. on a door handle when s/he wants you to open the door, on a toy when s/he wants you to activate it)?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

13. Does your child walk on tiptoe?

- Always
- Usually
- Sometimes
- Rarely
- Never

14. How easy is it for your child to adapt when his/her routine changes or when things are out of their usual place?

- Very easy
- Quite easy
- Quite difficult
- Very difficult
- Impossible
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15. If you or someone else in the family is visibly upset, does your child show signs of wanting to comfort them (e.g. stroking their hair, hugging them)?

- Always
- Usually
- Sometimes
- Rarely
- Never

turning the light switch on and off, opening and closing doors)?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

17. Would you describe your child's first words as:

- Very typical
- Quite typical
- Slightly unusual
- Very unusual
- My child doesn't speak

18. Does your child echo things s/he hears (e.g. things that you say, lines from songs or movies, sounds)?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

19. Does your child use simple gestures (e.g. wave goodbye)?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

20. Does your child make unusual finger movements near his/her eyes?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

21. Does your child spontaneously look at your face to check your reaction when faced with something unfamiliar?

- Always
- Usually
- Sometimes
- Rarely
- Never

22. How long can your child's interest be maintained by just one or two objects?

- Most of the day
- Several hours
- Half an hour
- Ten minutes
- A couple of minutes

23. Does your child twiddle objects repetitively (e.g. pieces of string)?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

24. Does your child seem oversensitive to noise?

- Always
- Usually
- Sometimes
- Rarely
- Never

25. Does your child stare at nothing with no apparent purpose?

- Many times a day
- A few times a day
- A few times a week
- Less than once a week
- Never

Sources 1. C Allison, S Baron-Cohen, S Wheelwright, T Charman, J Richler, G Pasco, and C Brayne. The Q-CHAT (Quantitative Checklist for Autism in Toddlers): A Normally Distributed Quantitative Measure of Autistic Traits at 18-24 Months of Age: Preliminary Report. *J Autism Dev Disord* 38(8): 1414-1425 (2008).



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