



MIRACLE Counseling

## Buss Perry Aggression Questionnaire (BPAQ)

Patient Name

DOB

Female

Provider Name

Date

Male

Other

	Extremely Uncharacteristic	Somewhat Uncharacteristic	Neither Uncharacteristic nor Characteristic	Somewhat Characteristic	Extremely Characteristic
1. Some of my friends think I am a hothead.					
2. If I have to resort to violence to protect my rights, I will.					
3. When people are especially nice to me, I wonder what they want.					
4. I tell my friends openly when I disagree with them.					
5. I have become so mad that I have broken things.					
6. I can't help getting into arguments when people disagree with me.					
7. I wonder why sometimes I feel so bitter about things.					
8. Once in a while, I can't control the urge to strike another person.					
9. I am an even-tempered person.					
10. I am suspicious of overly friendly strangers.					
11. I have threatened people I know.					
12. I flare up quickly but get over it quickly.					
13. Given enough provocation, I may hit another person.					

14. When people annoy me, I may tell them what I think of them.					
15. I am sometimes eaten up with jealousy.					
16. I can think of no-good reason for ever hitting a person.					
17. At times I feel I have gotten a raw deal out of life.					
18. I have trouble controlling my temper.					
19. When frustrated, I let my irritation show.					
20. I sometimes feel that people are laughing at me behind my back.					
21. I often find myself disagreeing with people.					
22. If somebody hits me, I hit back.					
23. I sometimes feel like a powder keg ready to explode.					
24. Other people always seem to get the breaks.					
25. There are people who pushed me so far that we came to blows.					
26. I know that "friends" talk about me behind my back.					
27. My friends say that I'm somewhat argumentative.					
28. Sometimes I fly off the handle for no good reason.					
29. I get into fights a little more than the average person.					



NOTES: