



17. I have a great deal of stomach trouble		
18. I have had periods in which I lost sleep over worry		
19. I am easily embarrassed		
20. I am more sensitive than most other people		
21. I frequently find myself worrying about something		
22. I wish I could be as happy as others seem to be		
23. I am usually calm and not easily upset		
24. I feel anxiety about something or someone almost all of the time		
25. I am happy most of the time		
26. It makes me nervous to have to wait		
27. Sometimes I become so excited I find it hard to get to sleep		
28. I have sometimes felt that difficulties piling up so high I couldn't get over them		
29. I admit I have felt worried beyond reason over small things		
30. I have very few fears compared to my friends		
31. I certainly feel useless at times		
32. I find it hard to keep my mind on a task or job		
33. I am usually self-conscious		
34. I am inclined to take things hard		
35. At times I think I am no good at all		
36. I am certainly lacking in self-confidence		
37. I sometimes feel that I am about to go to pieces		
38. I am entirely self-confident		



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