



Patient's Name \_\_\_\_\_ Date \_\_\_\_\_

Therapist \_\_\_\_\_

### Personality Type Indicator (PTI)

This test is designed to measure the 4 dimensions of your MBTI Personality type; it should take about 10 to 15 minutes to complete. There are no "right" answers. You should answer the questions quickly, without over analyzing. And for the most accurate results, answer the questions as "the way you are," not "the way you would like to be seen by others."

1- At a party do you:	
Interact with many, including strangers	
Interact with a few, known to you	
2- Are you more?	
Realistic than speculative	
Speculative than realistic	
3- Is it worse to?	
Have your "head in the clouds"	
Be "in a rut"	
3- Are you more impressed by?	
Principles	
Emotions	
4- Are more drawn toward the:	
Convincing	
Touching	
5- Do you prefer to work:	
To deadlines	
Just "whenever"	
6- Do you tend to choose:	
Rather carefully	
Somewhat impulsively	
7- At parties do you:	
Stay late, with increasing energy	
Leave early with decreased energy	
8- Are you more attracted to:	
Sensible people	
Imaginative people	
9- Are you more interested in:	
What is actual	
What is possible	

10- In judging others are you more swayed by:	
Laws than circumstances	
Circumstances than laws	
11- In approaching others is your inclination to be somewhat:	
Objective	
Personal	
12- Are you more:	
Punctual	
Leisurely	
13- Does it bother you more having things:	
Incomplete	
Completed	
14- In your social groups do you:	
Keep abreast of other's happenings	
Get behind on the news	
15- In doing ordinary things are you more likely to:	
Do it the usual way	
Do it your own way	
16- Writers should:	
Say what they mean and mean what they say	
Express things more by use of analogy	
17- Which appeals to you more:	
Consistency of thought	
Harmonious human relationships	
18- Are you more comfortable in making:	
Logical judgments	
Value judgments	
19- Do you want things:	
Settled and decided	
Unsettled and undecided	
20- Would you say you are more:	
Serious and determined	
Easy-going	
21- In phoning do you:	
Rarely question that it will all be said	
Rehearse what you'll say	
22- Facts:	
Speak for themselves	
Illustrate principles	
23- Are visionaries:	
somewhat annoying	
rather fascinating	

24- Are you more often:	
a cool-headed person	
a warm-hearted person	
25- Is it worse to be:	
unjust	
merciless	
26- Should one usually let events occur:	
by careful selection and choice	
randomly and by chance	
27- Do you feel better about:	
having purchased	
having the option to buy	
28- In company do you:	
initiate conversation	
wait to be approached	
29- Common sense is:	
rarely questionable	
frequently questionable	
30- Children often do not:	
make themselves useful enough	
exercise their fantasy enough	
31- In making decisions do you feel more comfortable with:	
standards	
feelings	
32- Are you more:	
firm than gentle	
gentle than firm	
33- Which is more admirable:	
the ability to organize and be methodical	
the ability to adapt and make do	
34- Do you put more value on:	
infinite	
open-minded	
35- Does new and non-routine interaction with others:	
stimulate and energize you	
tax your reserves	
36- Are you more frequently:	
a practical sort of person	
a fanciful sort of person	
37- Are you more likely to:	
see how others are useful	
see how others see	

38- Which is more satisfying:	
to discuss an issue thoroughly	
to arrive at agreement on an issue	
39- Which rules you more:	
your head	
your heart	
40- Are you more comfortable with work that is:	
contracted	
done on a casual basis	
41- Do you tend to look for:	
the orderly	
whatever turns up	
42- Do you prefer:	
many friends with brief contact	
a few friends with more lengthy contact	
43- Do you go more by:	
facts	
principles	
44- Are you more interested in:	
production and distribution	
design and research	
45- Which is more of a compliment:	
there is a very logical person.	
there is a very sentimental person.	
46- Do you value in yourself more that you are:	
unwavering	
devoted	
47- Do you more often prefer the:	
final and unalterable statement	
tentative and preliminary statement	
48- Are you more comfortable:	
after a decision	
before a decision	
49- Do you:	
speak easily and at length with strangers	
find little to say to strangers	
50- Are you more likely to trust your:	
experience	
hunch	
51- Do you feel:	
more practical than ingenious	
more ingenious than practical	

52- Which person is more to be complimented – one of:	
clear reason	
strong feeling	
53- Are you inclined more to be:	
fair-minded	
sympathetic	
54- Is it preferable mostly to:	
make sure things are arranged	
just let things happen	
55- In relationships should most things be:	
re-negotiable	
random and circumstantial	
56- When the phone rings do you:	
hasten to get to it first	
hope someone else will answer	
57- Do you prize more in yourself:	
a strong sense of reality	
a vivid imagination	
58- Are you drawn more to:	
fundamentals	
overtones	
59- Which seems the greater error:	
to be too passionate	
to be too objective	
60- Do you see yourself as:	
hard-headed	
soft-hearted	
61- Which situation appeals to you more:	
the structured and scheduled	
the unstructured and unscheduled	
62- Are you a person that is more:	
routinized than whimsical	
whimsical than routinized	
63- Are you more inclined to be:	
easy to approach	
somewhat reserved	
64- In writings do you prefer:	
the more literal	
the more figurative	
65- Is it harder for you to:	
identify with others	
utilize others	

66- Which do you wish more for yourself:	
clarity of reason	
strength of compassion	
67- Which is the greater fault:	
being indiscriminate	
being critical	
68- Do you prefer the:	
planned event	
unplanned event	
69- Do you tend to be more:	
deliberate than spontaneous	
spontaneous than deliberate	