

#### **Instructions to Clinicians**

This Personality Inventory for DSM-5 (PID-5)—Adult is a 220 item self-rated personality trait assessment scale for adults age 18 and older. It assesses 25 personality trait facets including Anhedonia, Anxiousness, Attention Seeking, Callousness, Deceitfulness, Depressivity, Distractibility, Eccentricity, Emotional Lability, Grandiosity, Hostility, Impulsivity, Intimacy Avoidance, Irresponsibility, Manipulativeness, Perceptual Dysregulation, Perseveration, Restricted Affectivity, Rigid Perfectionism, Risk Taking, Separation Insecurity, Submissiveness, Suspiciousness, Unusual Beliefs and Experiences, and Withdrawal, with each trait facet consisting of 4 to 14 items. Specific triplets of facets (groups of three) can be combined to yield indices of the five broader trait domains of Negative Affect, Detachment, Antagonism, Disinhibition, and Psychoticism. The measure is completed by the individual prior to a visit with the clinician. Each item asks the individual to rate how well the item describes him or her generally.

#### **Scoring and Interpretation**

Each item on the measure is rated on a 4-point scale. The response categories for the items are 0=very false or often false; 1=sometimes or somewhat false; 2=sometimes or somewhat true; 3=very true or often true. For items 7, 30, 35, 58, 87, 90, 96, 97, 98, 131, 142, 155, 164, 177, 210, and 215, the items are reverse-coded prior to entering into scale score computations (see instructions above).

The scores on the items within each trait facet should be summed and entered in the appropriate raw facet score box. In addition, the clinician is asked to calculate and use **average scores for each facet and domain**. The average scores reduce the overall score as well as the scores for each domain to a 4-point scale, which allows the clinician to think of the individual's personality dysfunction relative

to observed norms.<sup>1</sup> The **average facet score** is calculated by dividing the raw facet score by the number of items in the facet (e.g., if all the items within the "Anhedonia" facet are rated as being

"sometimes or somewhat true," then the average facet score would be 16/8 = 2, indicating moderate anhedonia). The <u>average</u> <u>domain scores</u> are calculated by summing and then averaging the 3 facet scores contributing primarily to a specific domain. For example, if the average facet scores on Emotional Lability, Anxiousness, and Separation Insecurity

(scales primarily indexing negative affect) are all 2, then the sum of these scores would be 6, and the average domain score would be 6/3 = 2. Higher average scores indicate greater dysfunction in a specific personality trait facet or domain.

**Note:** If more than 25% of the items within a trait facet are left unanswered, the corresponding facet score should not be used. Therefore, the individual receiving care should be encouraged to complete all of the items on the measure. Nevertheless, if 25% or less of the items are unanswered for a specific facet, you are asked to prorate the facet score by first summing the number of items that were answered to get a **partial raw score**. Next, multiply the partial raw score by the total number of items contributing to that facet (i.e., 4-14). Finally, divide the resulting value by the number of items that were actually answered to obtain the prorated total or domain raw score.

### Prorated Score = (Partial Raw Score x number of items on the PID-5) Number of items that were actually answered

If the result is a fraction, round to the nearest whole number.

Domain scores should not be computed if <u>any</u> one of the three contributing facet scores cannot be computed because of missing item responses.

#### Frequency of Use

To track change in the severity of the individual's personality dysfunction over time, it is recommended that the measure be completed at regular intervals as clinically indicated, depending on the stability of the individual's symptoms and treatment status. Consistently high scores on a facet or domain may indicate significant and problematic areas for the individual receiving care that might warrant further assessment, treatment, and follow-up. Your clinical judgment should guide your decision.

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Krueger, R. F., Derringer, J., Markon, K. E., Watson, D., & Skodol, A. E. (2012). Initial construction of a maladaptive personality trait model and inventory for DSM-5. *Psychological Medicine*, *42*, 1879-1890.

# The Personality Inventory for DSM-5 (PID-5)—Adult

Provider Name       Date       Male         Instructions to the individual receiving care: This is a list of things different people might say about themsetwes. We are interested in how you would describe yours: There are on "right" or "work" answers. So you can describe yours: and the people would describe yours: There are on "right" or "work" answers. So you can describe yours: and the people would describe means received.       Very False       Sometimes       Sometimes       Very True or Somewhat or Somewhat or Often somewhat or Somewha	Pat	Patient Name I		DOB		Other	r
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30I'm an energetic person.012331Others see me as irresponsible.012332I can be mean when I need to be.012333My thoughts often go off in odd or unusual directions.012334I've been told that I spend too much time making sure things are exactly in place.012335I avoid risky sports and activities.012336I can have trouble telling the difference between dreams and0123			-	1			
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33My thoughts often go off in odd or unusual directions.012334I've been told that I spend too much time making sure things are exactly in place.012335I avoid risky sports and activities.012336I can have trouble telling the difference between dreams and0123	31		0	1	2		
34I've been told that I spend too much time making sure things are exactly in place.012335I avoid risky sports and activities.012336I can have trouble telling the difference between dreams and 00123	32	I can be mean when I need to be.	0	1	2	3	
34exactly in place.012335I avoid risky sports and activities.012336I can have trouble telling the difference between dreams and0123	33	My thoughts often go off in odd or unusual directions.	0	1	2	3	
35I avoid risky sports and activities.012336I can have trouble telling the difference between dreams and0123	34		0	1	2	3	
I can have trouble telling the difference between dreams and 0 1 2 3	35		0	1	2	3	
		I can have trouble telling the difference between dreams and					

Instructions to individual receiving care: Please continue to complete the questionnaire. Remember, this is a list of things							
	rent people might say about themselves. We are interested in how	-			-	Clinician	
	r "wrong" answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd						
	you to take your time and read each statement carefully, selecting th						
			Sometimes	Sometimes	Very True		
		-		or Somewhat	-	Item	
		False	False	True	True	score	
	Sometimes I get this weird feeling that parts of my body feel like	. 4.50	1 0.00				
37	they're dead or not really me.	0	1	2	3		
38	I am easily angered.	0	1	2	3		
39	I have no limits when it comes to doing dangerous things.	0	1	2	3		
40	To be honest, I'm just more important than other people.	0	1	2	3		
	I make up stories about things that happened that are totally	Ŭ	-		5		
41	untrue.	0	1	2	3		
42	People often talk about me doing things I don't remember at all.	0	1	2	3		
43	I do things so that people just have to admire me.	0	1	2	3		
	It's weird, but sometimes ordinary objects seem to be a different	_					
44	shape than usual.	0	1	2	3		
45	I don't have very long-lasting emotional reactions to things.	0	1	2	3		
46	It is hard for me to stop an activity, even when it's time to do so.	0	1	2	3		
47	I'm not good at planning ahead.	0	1	2	3		
48	I do a lot of things that others consider risky.	0	1	2	3		
49	People tell me that I focus too much on minor details.	0	1	2	3		
50	I worry a lot about being alone.	0	1	2	3		
	I've missed out on things because I was busy trying to get	0	-	~ ~	5		
51	something I was doing exactly right.	0	1	2	3		
52	My thoughts often don't make sense to others.	0	1	2	3		
53	I often make up things about myself to help me get what I want.	0	1	2	3		
55	It doesn't really bother me to see other people get hurt.	0	1	2	3		
55	People often look at me as if I'd said something really weird.	0	1	2	3		
55	People don't realize that I'm flattering them to get something.	0	1	2	3		
50 57	I'd rather be in a bad relationship than be alone.	0	1	2	3		
	· ·	0	1		3		
58	I usually think before I act.	0	1	2	5		
59	I often see vivid dream-like images when I'm falling asleep or waking up.	0	1	2	3		
	I keep approaching things the same way, even when it isn't						
60	working.	0	1	2	3		
61	I'm very dissatisfied with myself.	0	1	2	3		
01	I have much stronger emotional reactions than almost everyone	0	1	۷	5		
62	else.	0	1	2	3		
63	I do what other people tell me to do.	0	1	2	3		
64	I can't stand being left alone, even for a few hours.	0	1	2	3		
65	I have outstanding qualities that few others possess.	0	1	2	3		
66	The future looks really hopeless to me.	0	1	2	3		
67	l like to take risks.	0	1	2	3		
68	I can't achieve goals because other things capture my attention.	0	1	2	3		
00	When I want to do something, I don't let the possibility that it	0	T	2	5		
69	might be risky stop me.	0	1	2	3		
70	Others seem to think I'm quite odd or unusual.	0	1	2	3		
70	My thoughts are strange and unpredictable.	0	1	2	3		
71	I don't care about other people's feelings.	0	1	2	3		
12		0	T	Z	5		

## PID-5—Adult (Full Version), page 2

<b>Instructions to individual receiving care:</b> Please continue to complete the questionnaire. Remember, this is a list of things different people might say about themselves. We are interested in how you would describe yourself. There are no "right" or "wrong" answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd							
	or "wrong" answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd ike you to take your time and read each statement carefully, selecting the response that best describes you.						
like	Very False Sometimes Sometimes Very True						
		-	or Somewhat		-	Item	
						score	
		False	False	True	True		
73	You need to step on some toes to get what you want in life.	0	1	2	3		
74	I love getting the attention of other people.	0	1	2	3		
75	I go out of my way to avoid any kind of group activity.	0	1	2	3		
76	I can be sneaky if it means getting what I want.	0	1	2	3		
	Sometimes when I look at a familiar object, it's somehow like I'm				_		
77	seeing it for the first time.	0	1	2	3		
78	It is hard for me to shift from one activity to another.01		2	3			
79	I worry a lot about terrible things that might happen.	0	1	2	3		
19	I have trouble changing how I'm doing something even if what I'm	0	1	2	5		
80		0	1	2	3		
	doing isn't going well.	-					
81	The world would be better off if I were dead.	0	1	2	3		
82	I keep my distance from people.	0	1	2	3		
83	I often can't control what I think about.	0	1	2	3		
84	I don't get emotional.	0	1	2	3		
85	I resent being told what to do, even by people in charge.	0	1	2	3		
86	I'm so ashamed by how I've let people down in lots of little ways.	0	1	2	3		
87	I avoid anything that might be even a little bit dangerous.	0	1	2	3		
07	I have trouble pursuing specific goals even for short periods of	0		<u> </u>			
88		0	1	2	3		
	time.			-		-	
89	I prefer to keep romance out of my life.	0	1	2	3		
90	I would never harm another person.	0	1	2	3		
91	I don't show emotions strongly.	0	1	2	3		
92	I have a very short temper.	0	1	2	3		
2	I often worry that something bad will happen due to mistakes I	0	1	2	3		
93	made in the past.	0	1	1 2			
	I have some unusual abilities, like sometimes knowing exactly what						
94	someone is thinking.	0	1	2	3		
95	I get very nervous when I think about the future.	0	1	2	3		
96	I rarely worry about things.	0	1	2	3		
97	I enjoy being in love.	0	1	2	3		
98	I prefer to play it safe rather than take unnecessary chances.	0	1	2	3		
99	I sometimes have heard things that others couldn't hear.	0	1	2	3		
100	I get fixated on certain things and can't stop.	0	1	2	3		
101	People tell me it's difficult to know what I'm feeling.	0	1	2	3		
102	I am a highly emotional person.	0	1	2	3		
103	Others would take advantage of me if they could.	0	1	2	3		
104	I often feel like a failure.	0	1	2	3		
-U-+	If something I do isn't absolutely perfect, it's simply not	0		2	5		
105		0	1	2	3		
	acceptable.						
106	I often have unusual experiences, such as sensing the presence of	0	1	2	3		
	someone who isn't actually there.						
107	I'm good at making people do what I want them to do.	0	1	2	3		
108	I break off relationships if they start to get close.	0	1	2	3		
109	I'm always worrying about something.	0	1	2	3		
110	I worry about almost everything.	0	1	2	3		
-	· · · ·						

#### PID-5—Adult (Full Version), page 3

Krueger RF, Derringer J, Markon KE, Watson D, Skodol AE. Copyright ©2013 American Psychiatric Association. All Rights Reserved. This material can be reproduced without permission by researchers and by clinicians for use with their patients.

	<b>Instructions to individual receiving care:</b> Please continue to complete the questionnaire. Remember, this is a list of things different people might say about themselves. We are interested in how you would describe yourself. There are no "right"						
	vrong" answers. So you can describe yourself as honestly as possible				-	Clinician Use	
	you to take your time and read each statement carefully, selecting th					050	
inte			Sometimes	Sometimes	Very True		
		-		or Somewhat	-	Item	
		False	False	True	True	score	
111	I like standing out in a crowd.	0	1	2	3		
112	I don't mind a little risk now and then.	0	1	2	3		
112	My behavior is often bold and grabs peoples' attention.	0	1	2	3		
114		0	1	2	3		
114	I'm better than almost everyone else.	0		2			
	People complain about my need to have everything all arranged.	-	1		3		
116	I always make sure I get back at people who wrong me.	0	1	2	3		
117	I'm always on my guard for someone trying to trick or harm me.	0	1	2	3		
118	I have trouble keeping my mind focused on what needs to be done.	0	1	2	3		
119	I talk about suicide a lot.	0	1	2	3		
120	I'm just not very interested in having sexual relationships.	0	1	2	3		
121	I get stuck on things a lot.	0	1	2	3		
122	I get emotional easily, often for very little reason.	0	1	2	3		
123	Even though it drives other people crazy, I insist on absolute perfection in everything I do.	0	1	2	3		
124	I almost never feel happy about my day-to-day activities.	0	1	2	3		
125	Sweet-talking others helps me get what I want.	0	1	2	3		
126	Sometimes you need to exaggerate to get ahead.	0	1	2	3		
127	I fear being alone in life more than anything else.	0	1	2	3		
128	I get stuck on one way of doing things, even when it's clear it won't work.	0	1	2	3		
129	I'm often pretty careless with my own and others' things.	0	1	2	3		
130	I am a very anxious person.	0	1	2	3		
131	People are basically trustworthy.	0	1	2	3		
132	I am easily distracted.	0	1	2	3		
133	It seems like I'm always getting a "raw deal" from others.	0	1	2	3		
134	I don't hesitate to cheat if it gets me ahead.	0	1	2	3		
135	I check things several times to make sure they are perfect.	0	1	2	3		
135	I don't like spending time with others.	0	1	2	3		
130	I feel compelled to go on with things even when it makes little sense to do so.	0	1	2	3		
138	I never know where my emotions will go from moment to moment.	0	1	2	3		
139	I have seen things that weren't really there.	0	1	2	3		
140	It is important to me that things are done in a certain way.	0	1	2	3		
141	I always expect the worst to happen.	0	1	2	3		
142	I try to tell the truth even when it's hard.	0	1	2	3		
143	I believe that some people can move things with their minds.	0	1	2	3		
144	I can't focus on things for very long.	0	1	2	3		
145	I steer clear of romantic relationships.	0	1	2	3		
146	I'm not interested in making friends.	0	1	2	3		
147	I say as little as possible when dealing with people.	0	1	2	3		
148	I'm useless as a person.	0	1	2	3		

Instructions to individual receiving care: Please continue to complete the questionnaire. Remember, this is list of things different people might say about themselves. We are interested in how you would describe yourseff. There are on "final nor "wrong" answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd' like you to take your time and read each statement carefully, selecting the response that best describes you.       Very faite sometimes       Sometimes or Somewhat or Somewhat or Somewhat or Somewhat or Somewhat or Somewhat or Somewhat or Somewhat or Somewhat or Somewhat or Somewhat or Somewhat so the pople is the sense to most or Somewhat or Somewhat or Somewhat or Somewhat sometimes i can influence other people is the sense to most or Somewhat or Somewhat or Somewhat on the people.       Item on Sometimes i can influence other people sometimes i can influence others.       Item on Sometimes i can influence other some on 1       Z       3         151       Uffe looks pretty bleak to me.       0       1       Z       3       Item or Some of the Some of th								
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like you to take your time and read each statement carefully, selecting the response that best describes you.       Jonutian of the provided								
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or Often       or Somewhat       Somewhat       Somewhat       Somewhat       Somewhat       Somewhat       Somewhat <td>like</td> <td>you to take your time and read each statement carefully, selecting th</td> <td>-</td> <td></td> <td>-</td> <td></td> <td></td>	like	you to take your time and read each statement carefully, selecting th	-		-			
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156     I make promises that I don't really intend to keep.     0     1     2     3       157     Nothing seems to make me feel good.     0     1     2     3       158     Iget irritated easily by all sorts of things.     0     1     2     3       158     I do what I want regardless of how unsafe it might be.     0     1     2     3       160     I often forget to pay my bills.     0     1     2     3       161     I don't like to get to close to people.     0     1     2     3       163     Inever take risks.     0     1     2     3       164     I never take risks.     0     1     2     3       165     I get emotional over every little thing.     0     1     2     3       166     Ir's no big deal if 1 hurt other peoples' feelings.     0     1     2     3       166     Ir's no big deal if 1 hurt other peoples' feelings.     0     1     2     3       167     I never show emotions to others.     0     1     2     3       168     I often feel just miserable.     0     1 <td>154</td> <td></td> <td>0</td> <td>1</td> <td>2</td> <td>3</td> <td></td>	154		0	1	2	3		
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18b 1 avoid social events. 0 1 2 3								
	186	i avoid social events.	0	1	2	3		

Instructions to individual receiving care: Please continue to complete the questionnaire. Remember, this is a list of things							
	ifferent people might say about themselves. We are interested in how you would describe yourself. There are no "right"						
	"wrong" answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd						
					iai. we u	Use	
пке	you to take your time and read each statement carefully, selecting th		1		Marrie Trees		
		-	Sometimes or Somewhat	Sometimes	Very True	Item	
		False				score	
407			False	True	True		
187	I deserve special treatment.	0	1	2	3		
188	It makes me really angry when people insult me in even a minor way.	0	1	2	3		
189	I rarely get enthusiastic about anything.	0	1	2	3		
190	I suspect that even my so-called "friends" betray me a lot.	0	1	2	3		
191	I crave attention.	0	1	2	3		
192	Sometimes I think someone else is removing thoughts from my head.	0	1	2	3		
193	I have periods in which I feel disconnected from the world or	0	1	2	3		
194	from myself. I often see unusual connections between things that most people	0	1	2	3		
195	miss. I don't think about getting hurt when I'm doing things that might	0	1	2	3		
	be dangerous.						
196	I simply won't put up with things being out of their proper places.	0	1	2	3		
197	I often have to deal with people who are less important than me.	0	1	2	3		
198	I sometimes hit people to remind them who's in charge	0	1	2	3		
199	I get pulled off-task by even minor distractions.	0	1	2	3		
200	I enjoy making people in control look stupid.	0	1	2	3		
201	I just skip appointments or meetings if I'm not in the mood.	0	1	2	3		
202	I try to do what others want me to do.	0	1	2	3		
203	I prefer being alone to having a close romantic partner.	0	1	2	3		
204	I am very impulsive.	0	1	2	3		
205	I often have thoughts that make sense to me but that other	0	1	2	3		
206	people say are strange.	0	1	2	3		
206	I use people to get what I want.	0	1	2	5		
207	I don't see the point in feeling guilty about things I've done that have hurt other people.	0	1	2	3		
208	Most of the time I don't see the point in being friendly.	0	1	2	3		
209	I've had some really weird experiences that are very difficult to explain.	0	1	2	3		
210	I follow through on commitments.	0	1	2	3		
211	I like to draw attention to myself.	0	1	2	3		
212	I feel guilty much of the time.	0	1	2	3		
	I often "zone out" and then suddenly come to and realize that a lot	-					
213	of time has passed.	0	1	2	3		
214	Lying comes easily to me.	0	1	2	3		
215	I hate to take chances.	0	1	2	3		
216	I'm nasty and short to anybody who deserves it.	0	1	2	3		
217	Things around me often feel unreal, or more real than usual.	0	1	2	3		
218	I'll stretch the truth if it's to my advantage.	0	1	2	3		
219	It is easy for me to take advantage of others.	0	1	2	3		
220	I have a strict way of doing things.	0	1	2	3		

### Personality Trait Facet and Domain Scoring: The Personality Inventory for DSM-5 (PID-5)—Adult

<u>Step 1:</u> Reverse the scores on the following items (i.e., 3 becomes 0, 2 becomes 1, 1 becomes 2, and 0 becomes 3): 7, 30, 35, 58, 87, 90, 96, 97, 98, 131, 142, 155, 164, 177, 210, and 215.

<u>Step 2:</u> Compute the Personality Trait Facet Scores using the Facet Table below. As a reminder, the reverse scored items from Step 1 are marked with the letter R in the Table (e.g., 7R).

<u>Step 3:</u> Compute the Personality Trait Domain Scores using the Domain Table below.

	A. Personality Trait Facet	B. PID-5 items	C. Total/Partial Raw Facet Score	D. Prorated Raw Facet Score	E. Average Facet Score
	Anhedonia	1, 23, 26, <i>30R</i> , 124, <i>155R</i> , 157, 189			
	Anxiousness	79, 93, 95, <i>96R</i> , 109, 110, 130, 141, 174			
	Attention Seeking	14, 43, 74, 111, 113, 173, 191,211			
	Callousness	11, 13, 19, 54, 72, 73, <i>90R</i> , 153, 166, 183, 198, 200, 207, 208			
	Deceitfulness	41, 53, 56, 76, 126, 134, <i>142R</i> , 206, 214, 218			
L۲	Depressivity	27, 61, 66, 81, 86, 104, 119, 148, 151, 163, 168, 169, 178, 212			
N	Distractibility	6, 29, 47, 68, 88, 118, 132, 144, 199			
ЕО	Eccentricity	5, 21, 24, 25, 33, 52, 55, 70, 71, 152, 172,185, 205			
NSI	Emotional Lability	18, 62, 102, 122, 138, 165, 181			
	Grandiosity	40, 65, 114, 179, 187, 197			
CLINICIAN	Hostility	28, 32, 38, 85, 92, 116, 158, 170, 188, 216			
D	Impulsivity	4, 16, 17, 22, <i>58R</i> , 204			
N.	Intimacy Avoidance	89, <i>97R</i> , 108, 120, 145, 203			
	Irresponsibility	31, 129, 156, 160, 171, 201, <i>210R</i>			
FOR	Manipulativeness	107, 125, 162, 180, 219			
F	Perceptual Dysregulation	36, 37, 42, 44, 59, 77, 83, 154, 192, 193, 213, 217			
	Perseveration	46, 51, 60, 78, 80, 100, 121, 128, 137			
	Restricted Affectivity	8, 45, 84, 91, 101, 167, 184			
	Rigid Perfectionism	34, 49, 105, 115, 123, 135, 140, 176, 196, 220			
	Risk Taking	3, 7R, 35R, 39, 48, 67, 69, 87R, 98R, 112, 159, 164R, 195, 215R			
	Separation Insecurity	12, 50, 57,64, 127, 149, 175			
	Submissiveness	9, 15, 63, 202			
	Suspiciousness	2, 103, 117, <i>131R</i> , 133, <i>177R</i> , 190			
	Unusual Beliefs & Experiences	94, 99, 106, 139, 143, 150, 194, 209			
	Withdrawal	10, 20, 75, 82, 136, 146, 147, 161, 182, 186			

A. Personality Trait Domain	B. PID-5 Facet Scales Contributing Primarily to Domain	C. Total of Average Facet Scores (from column E of Facet Table)	D. Overall Average of Facet Scores (The total in column C of this table divided by 3 [i.e., the number of scales listed in column B])
Negative Affect	Emotional Lability, Anxiousness, Separation Insecurity		
Detachment	Withdrawal, Anhedonia, Intimacy Avoidance		
Antagonism	Manipulativeness, Deceitfulness, Grandiosity		
Disinhibition	Irresponsibility, Impulsivity, Distractibility		
Psychoticism	Unusual Beliefs & Experiences, Eccentricity, Perceptual Dysregulation		

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NOTES:

The APA is offering a number of "emerging measures" for further research and clinical evaluation. These patient assessment measures were developed to be administered at the initial patient interview and to monitor treatment progress. They should be used in research and evaluation as potentially useful tools to enhance clinical decision-making and not as the sole basis for making a clinical diagnosis. Instructions, scoring information, and interpretation guidelines are provide; further background information can be found in DSM-5. The APA requests that clinicians and researchers provide further data on the instruments' usefulness in characterizing patient status and improving patient care at <a href="http://www.dsm5.org/Pages/Feedback-Form.aspx">http://www.dsm5.org/Pages/Feedback-Form.aspx</a>.

Measure: The Personality Inventory for DSM-5 (PID-5)-Adult

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