



MIRACLE | Counseling

- [CAGE Alcohol Questionnaire \(CAGE\)](#)

The CAGE (acronym) is a 4-item questionnaire that can indicate potential problems with alcohol abuse. Please answer yes or no to the following questions:

Patient's Name \_\_\_\_\_ Date \_\_\_\_\_

Therapist \_\_\_\_\_

	YES	NO
1. Have you ever felt you needed to Cut down on your drinking?		
2. Have people Annoyed you by criticizing your drinking?		
3. Have you ever felt Guilty about drinking?		
4. Have you ever felt you needed a drink first thing in the morning (Eye-opener) to steady your nerves or to get rid of a hangover?		

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### Sources

1. JA Ewing. *Detecting Alcoholism. The CAGE Questionnaire.* 252(14): JAMA 1905-7. 1984.
2. KA Bradley, KA Bradley, DR Kivlahan, KR Bush, MB McDonell, and SD Fihn. *Variations On The CAGE Alcohol Screening Questionnaire: Strengths And Limitations In VA General Medical Patients.* 25(10): Alcohol. Clin. Exp. Res. 1472-8. 2001.